

Take Control and Reclaim Your Mobility

Are you suffering from hip and knee pain that interferes with your life and steals your independence? Did you know you don't have to live this way?

Every day, people just like you with debilitating joint pain are restoring the quality of their lives through care provided by the Hip & Knee Orthopaedic Institute at Mercy Hospital.



Meet Our Medical Director Theodore J. Tomaszewski, M.D. is Medical Director of the Hip & Knee Orthopaedic Institute at Mercy Hospital. A graduate of the University of Scranton, Dr. Tomaszewski earned his medical degree from Georgetown University School of Medicine, Washington, DC. He is board

certified in orthopaedic surgery and performs advanced surgical techniques, including minimally invasive hip and knee replacements. You'll be under the care from Dr. Tomaszewski and other highly skilled surgeons in a center designed especially for joint replacement patients.

Take the First Step...And Regain Your Independence

If you're suffering with joint pain that is destroying your quality of life, then it's time to do something about it. Call the Hip & Knee Orthopaedic Institute at Mercy Hospital today for more information on joint replacement and how it can change your life for the better.

Call (570) 348-7370 today!
746 Jefferson Ave.
Scranton, PA 18510
mercyhealthpartners.com

MERCY hip & knee

It's Time to Regain
Your Mobility!



The Hip & Knee Orthopaedic Institute at Mercy Hospital

Imagine, a patient-focused environment that's dedicated to providing specialized treatment, specifically tailored to your health needs. At the Hip & Knee Orthopaedic Institute at Mercy Hospital, we've designed and implemented a program that positively impacts patient care before, during and after joint replacement surgery. From preoperative education, through surgery, recovery and rehabilitation, our care is centered completely on you and exactly what it will take to help you regain your independence and quality of life as soon as possible.

Our Values

At the Hip & Knee Orthopaedic Institute, we strive to provide each joint patient with high-quality care in a healing environment. Each day, we practice our core values of Excellence, Service, Compassion, Justice, Human Dignity and Sacredness of Life.



A Patient-Oriented Team Approach

For joint replacement, we believe in the effectiveness of our unique patient “team” atmosphere. Throughout the process, we place you with a group of fellow joint replacement patients so you don’t have to “go it alone.” This can be provide a meaningful and rewarding way to spend time with others who can understand and share your experience – both before and after surgery.

Expert And Compassionate Care

Our patient-focused surgeons, nurses and physical therapy experts are chosen for their exceptional skills and expertise. They bring years of experience to hip and knee replacement and are committed to providing compassionate care that addresses your individual needs.

Recovery...In As Little as Three Days

Our hip and joint healthcare experts are dedicated to working together as a cohesive unit and are committed to making sure our patients progress and recover at a pace that’s right for them. It’s a testament to the dedication of our specialists that many of our patients can leave Mercy’s Hip & Knee Orthopaedic Institute in as little as three days after surgery!

What Happens Once I Decide on Joint Replacement Surgery?

Orientation

Prior to your surgery you’ll meet with our staff for an important and informative orientation session. During this time, you’ll learn the details of your surgery and recovery and complete your pre-admission testing. You can also meet and have a chance to bond with other joint replacement candidates who will be undergoing an experience very similar to yours.

Day One

Your surgery will take place on a Monday or Tuesday anytime between 7:30 a.m. and early afternoon. Since you’ve completed your pre-admission testing, you need only arrive one to three hours before your surgery, depending on the time of your procedure. Remember to dress comfortably – sweats, t-shirts, jogging shoes and shorts are just fine. Surgery will take from one-and-a-half to two-and-a-half hours. After recovery, you will be brought to your private room by mid-afternoon or early evening.

Day Two

Recuperate in peace, under the care of healthcare professionals who specialize in working with orthopaedic surgery patients. You can share your experience with your fellow patient “team members” who are undergoing similar procedures. As you approach the end of your stay, you’ll enjoy a celebratory meal to mark your successful surgery.



Days Three to Five

Most patients are healthy enough to leave the Hip & Knee Orthopaedic Institute at Mercy Hospital on Wednesday, Thursday or Friday (depending on the day of your procedure). Congratulations! You’ve taken a giant leap on the road to reclaiming your independence and recapturing your quality of life!

If you’re not quite ready to go home, however, Mercy Hospital’s Skilled Nursing Facility will provide you with extra time and care, including additional rehabilitation that can help smooth your transition home. In-home assistance is also available through Mercy Home Health, a non-profit, hospital-based certified agency that provides specialized care and support services to adults within the comfort of their own home.

